

SMALL GROUP GUIDE

SESSION 2: SPEND LESS

(Based on Chapter 4)

"Spending less does not mean spending nothing. Rather, we strive to thoughtfully evaluate what we support with our spending, and we allow our spending to support products, people, and causes that are worthy of being supported."

1. The authors suggest that the fastest growing religion in the world is consumerism. In what ways do you get caught up in the distraction of "needing more"?

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2. Consider all the holiday advertisements you're exposed to How can you become more aware and less susceptible to messages that say our lives are lacking something?

ADVENT CONSPIRACY

3.	Read Matthew 6:19-24. What does it mean t	O
	store treasures in heaven?	

4. How is spending during the Christmas season a reflection of our heart?

5. What are some ways that you can use Advent Conspiracy as an opportunity to teach your family and friends about contentment?

This is the heart of Advent Conspiracy. More than just an invitation to say no to overspending, it's an invitation to a new way of celebrating Christmas.